



National Benevolent Association

XPLOR
FAITH, JUSTICE AND COMMUNITY

Crece donde estás plantado (Grow where you are planted)

Ingrid Cedeno, 2017-18 NBA XPLOR Resident in Tucson-Marana, AZ

Crece donde estás plantado

Como latina, tus raíces se plantan en casa, donde está tu familia.

Mis raíces están fundadas

Soy una latina

Mis raíces están plantadas donde pueden crecer.

Ellos son nutridos con amor y apoyo.

Mis raíces están desarraigadas

Soy una latina

criado en California

Con un bronceado bronceado,

arena entre los dedos de los pies,

Y el agua goteando de mi cabello

Mis raíces se muestran,

Soy una latina

Apasionado,

cuidando,

soñador,

Tengo alas de mariposa

Eso es lo que soy

Una latina

Raíces con valores internos

Alas de independice

Volar como un pájaro enjaulado tratando de encontrar su destino.

Mis raíces son más de un hogar

Viviendo un sueño salvaje desde el sur de California hasta el soleado desierto de Sonora.

Extendí mis alas

He llevado mis raíces

He decidido dónde crecerán.



Soy una latina

Cuyas raíces se vuelven cada vez más Fuertes



As a Latina, your roots are planted at home where your family is.

My roots are grounded

I am a Latina

My roots are planted where they can grow.

They are nurtured with love and support.

My roots are uprooted

I am a Latina

raised in California

With a sun kissed tan,



National Benevolent Association

XPLOR
FAITH, JUSTICE AND COMMUNITY

sand between my toes,
And water dripping from my hair

My roots are showing,

I am a Latina
Passionate,
caring,
dreamer,
I've got wings of a butterfly

That's who I am
A Latina
Roots with inner values
Wings of independence
Flying like a caged bird trying to find its destiny.

My roots are more than one home

Living a wild dream from Southern California to the sunny Sonoran desert.

I have spread my wings
I have carried my roots
I have decided where they will grow.

I am a Latina
Whose roots are just getting stronger.

Inspired by Denis Waitley's "Roots and Wings" poem

NBA XPLOR is a 10-month service residency opportunity for young adults ages 21-30, with the purpose of empowering young adults to discern and develop a "heart for care" as they live together in simple community, engage in direct service and justice work, engage in leadership development, and discern their vocational calls to honor the various communities they are called to serve. **Learn more and apply at nbacares.org/xplor.**

nbacares.org/xplor