

Thoughts on the XPLOR Cornerstones

Amethyst Kelly, 2017-18 Resident in Dallas, TX



NBA XPLOR Residents agree to live by four cornerstones when they join the program:

1. Hands-on Justice Work
2. Simple Communal Living
3. Discernment on Vocation
4. Leadership Development

I was really worried that these cornerstones would box me in

and make me feel trapped. I almost didn't join the program for just this reason. But they are not meant to confine or restrict the individuals in the program. I am now realizing how they help structure the year spent as an XPLOR Resident to be filled with purpose. Although I still struggle with the feeling that I am living within rules that are stricter than they need to be, I feel that they are in place to try and encourage me and the other XPLOR Residents to be the best versions of ourselves.

[View Amethyst Kelly's stop motion video online at nbacares.org/stories-and-news/thoughts-on-the-xplor-cornerstones](https://nbacares.org/stories-and-news/thoughts-on-the-xplor-cornerstones)

NBA XPLOR is a 10-month service residency opportunity for young adults ages 21-30, with the purpose of empowering young adults to discern and develop a "heart for care" as they live together in simple community, engage in direct service and justice work, engage in leadership development, and discern their vocational calls to honor the various communities they are called to serve. **Learn more and apply at nbacares.org/xplor.**